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**FOR IMMEDIATE RELEASE**

**A VERY GOOD LIFE**

A Novel

By Lynn Steward

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**In Lynn Steward's Captivating Novel A VERY GOOD LIFE**

**One Woman Strives To Have It All**

**Set Against The Exciting Backdrop Of New York City In The 1970s, Steward Provides A Behind-The-Scenes Look At The Worlds Of Art, Fashion, And Business, Through The Eyes Of One Very Engaging Woman**

In the tradition of great women novelists of the 20<sup>th</sup> century from Edith Wharton to Marilyn French to Amy Tan, Lynn Steward's debut novel, **A VERY GOOD LIFE** (Lynn Steward Publishing; March 2014) explores the life of a woman trying to come to terms with her own purpose and identity. Steward has written a powerful, captivating book. Set in another era – a time not so long ago, and yet different – when people dressed to go to work, meetings were only done in person, and deals were conducted over lunch. Set in 1974, **A VERY GOOD LIFE** provides a behind-the-scenes look at the worlds of art, fashion, and business in New York City, through the eyes of one very engaging woman.

Dana McGarry has it all – a fantastic job at the legendary New York City department store B Altman; a handsome husband; a comfortable home in the best part of the city; great friends and family. But Dana's life isn't quite as perfect as it appears. Her marriage is unraveling. Her career has not only stalled, but unethical demands are being placed on her at work. Dana is at a crossroads.

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Dana is not the only one confronting challenges. Her husband, Brett, is an up-and-coming attorney trying to make partner at his law firm. He has let his marriage take a backseat to his ambitions at work. Even worse, he has been lured into an illicit affair by his colleague, Janice, who seems like a refreshing change from his predictable life. Meanwhile, Dana has her hands full at work. She has been asked to fix a talent competition, while her pet project of creating a teen cosmetics section on the main floor of the store is being squashed by her mentor. However, Dana is determined to make all her dreams come true.

**A VERY GOOD LIFE** recreates a unique time period when women like Dana hungered to have it all. Women were just starting to feel their power in business and the arts. And Dana was inspired by them all from the influential Vogue editor Diana Vreeland to world-renowned art lecturer Rosamond Bernier, a close friend of Matisse and Picasso, to the high-powered cosmetics entrepreneur Estee Lauder.

From lunch at Cipriani's to the annual Rockefeller Center holiday tree lighting ceremony, Steward's intimate knowledge of the period creates the perfect backdrop for this riveting story about a women's quest for self-fulfillment. **A VERY GOOD LIFE** is an enthralling novel that's bound to become a beloved favorite of readers everywhere.

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#### **ABOUT THE AUTHOR**

Lynn Steward is a successful business woman who spent many years in New York City's fashion industry in marketing and merchandising, including the development of the first women's department at a famous men's clothing store. Through extensive research, and an intimate knowledge of the period, Steward created the characters and stories for a series of five authentic and heartwarming novels about New York in the seventies. *A Very Good Life* is the first in the series featuring Dana McGarry. Visit [www.averygoodlife.com](http://www.averygoodlife.com).